# Sacred Aeart Times

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## God Loves a Cheerful Giver

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### SACRED HEART COLLEGE

(AUTONOMOUS)

Tirupattur



Dear Sacred Hearts,

I hope and pray that this edition finds you in the pink of health.

Like in several parts of the world, India has been experiencing a massive surge of Covid-19 cases and deaths during the deadly second wave. The same is reflected in our state. We all experienced the agony of Covid-19 in our families and neighborhood. Our own staff members, Mr. C. Sivakumar, Junior Assistant, Mrs. S. Kaliarasi, Department of Communicative English lost their life during this pandemic. I pray the Almighty to grant eternal repose to these two, and to the souls of parents, siblings and relatives of our staff members and students who have passed away due to

corona.

The Sacred Heart College continues to serve the needy during this pandemic. The college provided Covid-19 medical kits and dry ration to 500 families infected by corona virus. A Corona Care Centre with hundred beds was established in the college, which treated the people using the traditional Tamil siddha treatment. Along with these initiatives, the college has joined hands with the district administration to function as a vaccination centre, regular vaccination drives are conducted to vaccinate the citizens of the town.

We have conducted the examinations online, keeping to the norms of the Government and declared the results on time. We shall begin the new academic year 2021-2022 from 1<sup>st</sup> August, 2021 as per the latest guidelines given by Government of Tamil Nadu. I request all the faculty and students to be prepared for blended teaching and learning composing of the traditional and e-learning pedagogies. We should technically adjust to adapt to online mode and continue excelling in teaching and learning, ensuring that pandemic is not a barrier for Sacred Heartians.

I also request you to abide by the protocols of the government during this pandemic, follow social distancing, wear facemasks and sanitize regularly. More importantly vaccinate yourself at the earliest and encourage your near and dear ones to be vaccinated. You can avail of the opportunity provided in our college premises for vaccination.

There is a saying in Tibetan, "tragedy should be utilized as a source of strength". No matter what sort of difficulties, how painful the experience is, if we lose our hope, that's our real disaster. Let's not lose hope. We are in this, together - and we will get through this, together.

Wishing you a Happy Feast of St. Thomas, (3<sup>rd</sup> July) patron of the Salesian Province of Chennai.

May St. Thomas, the Apostle, pray for all of us.

With prayerful wishes.

Rev.Dr.D.Maria Antony Raj, SDB,

The Principal.

# Covid-19 Medical Home Care Kit Drive, Nutrition Food Material Distribution and 'Best Social Worker Award'



To combat the spread of Covid-19 in Tirupattur District, the college collaborated with the government district administration to provide Covid-19 prevention home care kits and nutritional supplements to 500 families infected by corona virus. The novel initiative stemmed from the 'Don Bosco Relief Service (INM)' which aimed to provide adequate relief measures to the underprivileged during times of crisis. The project sort to reach 500 families by providing them with med-

ical home care kits worth Rs. 3000 each, as well as protein-enriched dry rations worth Rs. 2000 per pack. The first phase of the initiative was inaugurated at Sacred Heart College (Autonomous) on 2nd June, 2021. The programme was launched by Thiru.M.P.Sivanarul, I.A.S. (District Collector - Tirupattur) along with Thiru.Dr.P.Vijayakumar, I.P.S. (Superintendent of Police – Tirupattur), Mr. A. Nallathambi (Tirupattur Constituency Assembly Member) and Mr.T.Mathiyalagan (Bargur Constituency Assembly Member).

More than 100 beneficiaries were personally given relief items, and Thiru.M.P.Sivanarul,

I.A.S. (District Collector - Tirupattur) commended the college for its outreach efforts. He also stated that the Government is taking all necessary precautions and efforts on a daily basis to curb this pandemic. He further went on to say that appropriate plans had been put in place by the college and the district collectorate to provide home visits and distribute medical home care kits and proteinenriched dry rations to other beneficiaries. During this programme, Dr. Vikram Kumar (Doctor of Traditional



and Siddha Medicine) was awarded the 'Award of Excellence' by the college administration for his selfless service in treating Covid-19 infected patients. The award was presented to him by Thiru.M.P.Sivanarul, I.A.S. (District Collector of Tirupattur).



The programme graced by was Rev.Dr.John Alex (Rector & Secretary), Rev.Dr.D.Maria Antony Raj (Principal), Rev.Dr.K.A.Maria Arokiaraj (Addl. Principal), Rev.Fr.S.Henry Daniel Ambrose (Director, Extension Education & Services) and other officials of the college. The event was coordinated by Fr. Sathiyanathan (College Administrator) along with Rev. Fr. J. Andrews Raj (Head, P.G. & Research Department of Social Work) and other fac-

ulty of the college.





# Sacred Heart Young Inventor Award - SHYIA 2021

Sacred Heart College (Autonomous), Tirupattur recognizes young inventors and introduces their work to the society every year. The event SHYIA for 2021 was held on 20<sup>th</sup> March, 2021 in the College. The inaugural function was graced by the Dr. John Alexander, Rector & Secretary, Rev. Dr. D. Maria Antony Raj, Principal, Dr. R.Jaya Santhi, Principal, Auxilliam College, Vellore, Prof. Bhattacharya, Head, VIT Business School, Vellore. The event was blessed by Prof. T. Ramasamy, Former Secretary, Science and Technology, Government of India.

A total of 71 new inventions were exhibited this year in two categories as research processes and research products. Of these, 32 were from the process and 39 from product. A panel of experts examined these and selected the best ones. Prizes and certificates were awarded to the winners.



The following were the prize winners: the first prize for innovative process was given to N.Moulieswaran for Literature and Languages, Sacred Heart College for his invention on "Deploying Artificial Intelligence - powered Google Assistant for Self-driven Language Acquisition. The second prize was given to Siddhartha Babu, Department of Life Sciences for his inven-



tion on Smart Lamp Post. The third prize was given to R.Magdalene, Monica, B.Brinsha Sherine, M.Hepzhibah Martina and R.AmreenThabasum.

The first prize in product was given to S. Nivetha, S. Nathiya, G. Paviya, R. Elevarasu, and V. K.Pavithra, Department of Life Sciences for "Concentrated Fodder in Enhancing House Milk Quality", The second prize was given to V.Hariprasath, Department of Computer Science and the third prize was given to M. Nivetha, J.Hephzibah, S.Keerthana and S.Kiruthiga. Consolation prizes were given to ten best process and product invention.

During the valediction Rev.Dr.Praveen Peter, Vice Principal (Admin, Shift-I) & COE, welcomed the judges, the organizers and participants. Rev.Dr.K.A. Maria Arokiaraj, Additional Principal, Shift-II, felicitated the gathering with his words of appreciation to the innovators. It was followed by comments from the judges. Dr.Jaisanthi, Principal, Auxilliam College congratulated the participants. Prof. Bhattacharya, the Head of VIT Business School, Vellore, encouraged and motivated the participants for their inspiring efforts. The IPR Cell (Intellectual Property Rights) of the college arranged for the patenting of the best inventions. The event was organized and coordinated by Rev.Dr.G.Theophil Anand Vice Principal, (Admin Shift-II), Dr.V.Collins Arun Prakash, PG Head, Department of Chemistry and was assisted by faculty from different departments.





#### Webinar on Women's Day



The Women Cell, Sacred Heart College organised a Webinar on Women Empowerment on 8<sup>th</sup> March, 2021 between 2 and 3pm. The welcome address was delivered by Ms. Prabavathi III B A., English (Shift-I). Dr. A. Merceline Anita, Dean, Women Cell introduced the chief guest, Dr. Yamini Kannappan, Pshychiatrist, Kauvery Hospital, Chennai. She addressed the gathering on the theme "Women in Leadership". She ex-

pressed her thoughts and opinion about leadership. She moved on and emphasized that women have good perception but many fail nowadays due to less awareness and mental stress. She pointed out that young women have suicidal thoughts than men. She further expressed her views about the inferior complexity prevailing among women. She concluded by wishing success for the future leaders. Rev. Dr. John Alexander, Rector wished the women members during the occassion. Mrs. M. Rose, Asst. Prof, Dept. of Tamil proposed the vote of thanks.

#### **International Women's Day (Shift-II)**

International Women's Day was celebrated on 8<sup>th</sup> March, 2021 on the theme "Balance to Better". The Chief Guests were: Mrs. Rani, Assistant Superintendent of Police, Tirupattur, Dr. Sumathi, Gynecologist, Government Hospital, Tirupattur, Mrs. Christy Sujatha, Technical Writer, Chennai, Ms. Latha Munuswamy, Student Counsellor, Sacred Heart College, Tirupattur and Mr. Arul Doss, Family Counsellor, DB Centre respec-



tively. Mr. D. Henston, Asst. Prof, Dept of English (Shift-II) invoked the blessings of God through the prayer song. Dr. G. Devi, UG Head, Department of Commerce (Shift-II) delivered the welcome address. The dynamics of the day was presented by Dr. M. Saraladevi, Asst. Prof, Dept of Tamil (Shift-II), Rev. Dr. K.A. Maria Arokiaraj, Additional Principal, felicitated the gathering and released the college newsletter-Sacred Heart Times. The panel discussion on questions raised by the students and parents were discussed with the chief guests. The answers illuminated the minds of the gathering. Various questions on gender equality, cultural superstitions, child marriage, women education, sexual harassment and women welfare were raised and discussed by the students, parents and the chief guests. A Tamil poem with feminist thoughts was recited by Mr. Arivuchezhiyan followed by a virtual talk on independence of women by Mrs. Christy Sujatha. Mrs. S. Savitha, Dean of Women Cell, (Shift-II) proposed the vote of thanks.

# International Women's Day Celebration by AICTE Women Cell



The International Women's Day was celebrated in the AICTE Women's Cell on 08<sup>th</sup> March, 2021. The programme was conducted to enumerate the greatness of womanhood among the students of professional education in both MBA and MCA. The entire programme was anchored by the male team. The programme started with a prayer song to seek the blessings of God, the

Almighty followed by a welcome note by Mr. Pradeep, I MBA. In a special way the female faculty members Mrs. K. Saravana Priya and Dr. R. Arockia Mary, were welcomed for the celebration. Mr. Xavier Justus, I MBA introduced the chief guest: Mrs. Savitri Siva Kumar, Co-Founder of Trichy, Director U2CAN and S&S Family. The resource person with her strong mind and great skills delivered a motivational talk on 'How as a woman we have to develop our personal and professional ability'. The speech was highly appreciated by the students and her ideas were also strongly absorbed by them.

### **Inter-Collegiate Debate on Women Empowerment**



The Sacred Heart College Women Cell in collaboration with the Department of Biochemistry organized an Inter – Collegiate Virtual Debate on 'Women Empowerment', on International Women's Day, 8<sup>th</sup> March 2021 between 3.00 p.m. and 5.00 p.m. Many women students from different colleges participated in the debate. Dr. M. Pavithra Asst. Prof, D.G. Vaishnava College, Chennai was the judge for the debate. The debate was on the topic

"Does Women Empowerment prevail more in Family or Society"? Thus it was declared that women empowerment prevails more in the family than society. The best speaker awards were given to two speakers of the debate, one from each category: S. Abinaya, Auxilium College, Vellore and C. Anu, Sacred Heart College, Tirupattur.

### **Blood Donation Camp**

The Alumni Association and Red Ribbon Club (Shift-I & II), Sacred Heart College



(Autonomous) in collaboration with the Lions Club, Tirupattur organised a Blood Donation Camp on 02<sup>nd</sup> March, 2021 to support the increasing demand for blood in the Government Hospital, Tirupattur. Vizhudugal Blood Donation Organisation extended its support through their volunteers. Rev. Dr. D. Maria Antony Raj, Principal, Sacred Heart College, inaugurated the camp in the presence of Dr. Rathina Natarasan, Tamil Chemmal and For-

mer Lions District Governor, Nallasiriyar Mr.Sundaram, President, Lions Club, Tirupattur, Dr.Kumaravel, Government Hospital, Tirupattur, Mr. Gopinathen, Vice President, Sacred Heart College Alumni Association and Mr. Arun Amudhan, Secretary, Vizhudugal Blood Donation Organisation. Dr.Rathina Natarasan delivered the presidential address. Rev. Dr. Maria Antony Raj facilitated the volunteers and Dr. Kumaravel, thanked the management for the support. Dr. C.R. Christi Anandan, Secretary, Sacred Heart College Alumni Association coordinated the event. Mr.V. Madhan Kumar, Dept of English (Shift-I) and Dr.K. Anbarasu, Dept of Tamil (Shift-II) Staff in-charges, Red Ribbon Club, Sacred Heart College and student volunteers of Red Ribbon Club extended their support. About 70 units of blood were collected during the event.

### **Annual Teaching Staff Retreat**

The Annual Retreat for the Catholic Teaching Staff, Sacred Heart College was held on 6<sup>th</sup> March, 2021 at Don Bosco Matriculation Hr. Sec. School, Tirupattur. Rev. Fr. Linson and Mr. Joseph CMI Retreat Centre, Soogathur, Dharmapuri District were the animators. The retreat began with the welcome address by Rev. Dr. Praveen Peter, Vice Principal, Sacred Heart College. He welcomed all the members and introduced the preachers of the



day. There were four sessions: discovering God's will, prominence and power of Holy Communion, importance of confession and necessity of holy life. Dr. S. R. Xavier Rajarathinam, Additional Vice-Principal, (Shift-I) proposed the vote of thanks. Dr. K. Arockiaraj, Asst Prof, Dept. of Social Work and Dr. A. Arockiamary, Asst. Prof, Dept. of Business Administration gave their feedback. There was a Holy Eucharistic celebration, Rev. Dr. John Alexander, Rector, Rev. Dr. Gandhi Kallarasan, Administrator and Rev. Dr. Praveen Peter, Vice-Principal celebrated the Holy Eucharist. Lunch and refreshments were provided for the members.

#### **Annual Teaching Staff Retreat (Non-Catholic)**

The Annual Retreat for Non-Catholic Teaching Staff was held on 6<sup>th</sup> March, 2021 at Don Bosco School of Excellence, Tirupattur. Rev.Fr.Bharathi Bernard Shaw SDB, Chennai, animated the staff on the title "God, You and I are Doing Great". Rev. Dr. D. Maria Antony Raj, SDB, the Principal inaugurated the retreat and introduced the speaker. Dr. R. Murali, Associate Prof, Dept of Mathematics (Shift-I) and Dr. P. Selvakumar,



Head, Dept. of Tamil (Shift-I) honoured the speaker with a memento. The retreat had four sessions. The sessions were interactive and theoretical. The thrust area include: evolution of life, Maslow's theory of human needs, philosophical thoughts of Immanual Kant, Nietzsche, Sigmund Freud and Karl Marx respectively. During the feedback session Dr.G.Devi, UG Head, Dept of Commerce (Shift-II), Dr.P.Kumar, Asst. Prof, Dept. of History (Shift-II) and Mr.G.Sivagnanam, Communicative English shared their feedback. Dr. K. Parthibaraja, Asst. Prof, Dept. of Tamil (Shift-I) proposed the vote of thanks. Lunch and refreshments were provided for the members.

#### **Annual Students Retreat**



The Annual Retreat for the all the Christian Students of the college was conducted on 5<sup>th</sup> March, 2021 at Sacred Heart College. The theme for the retreat was "Seek the Lord while He may be found." *Isaiah 55:6*. Fr. Jesudoss and Rev. Fr. Dominic Matthews, FOSS were the animators. Rev. Dr. John Alexander, Rector and Rev. Dr. D. Maria Antony Raj, Principal welcomed the gathering and felicitated the animators. The animation

had two sessions of talks in the forenoon and two other sessions after lunch; the animators prepared the students for the sacrament of reconciliation and helped them to take part in the Holy Eucharist. There were also interactive sessions with questions and answers. The retreat concluded with the Holy Eucharist around 5.00 p.m. About 700 students participated in the event. Savio Altar Servers and Adonai Choir were the volunteers who helped the animators along with the Campus Minister, Brothers' in charge and Staff respectively. Rev. Dr. John Alexander, Rector & Secretary thanked the animators with the words of appreciation.

#### Salespreneur Expo 2021



The Centre for Employability Enhancement (CEE), Sacred Heart Institute of Management Studies (SHIMS), Tirupattur in collaboration with ColourMee Vestures, Hosur, organized a Marketing Cum Sales Mega Mela - "Salespreneur Expo 2021" for the I MBA students, SHIMS for 4 days between 11<sup>th</sup> & ! 4<sup>th</sup> March, 2021. ColourMee Vestures is an entrepreneurial initiative

of a resilient woman who has carved her business empire and set her own levels for success in the apparel business, having one manufacturing unit at Tiruppur and retail outlets

in various business hubs such as Coimbatore, Hosur, Krishnagiri and Bengaluru. It was an initiative taken by CEE – SHIMS, to provide hands on training to instil the nuances of marketing skills as well as to egg on the entrepreneurial ventures among young budding professionals of tomorrow. Rev. Dr. John Alexander, SDB, Rector & Secretary, presided over the inaugural function and offi-



cially declared open the Marketing Cum Sales Mega Mela - "Salespreneur Expo 2021". Rev. Dr. Praveen Peter, SDB - Vice Principal (Shift-I) & COE, Rev. Fr. S. Henry Daniel Ambrose, SDB – Director of Extension Education, Rev. Fr. Angelo Joseph, SDB, CEE – Director, SHIMS, Mrs. Dhivyaa, Managing Director, ColourMee Vestures, Hosurand Dr. S. Sasikumar, Head of the Department, SHIMS graced the occassion. The entire event was directed and guided by the able leadership of Rev. Dr. D. Maria Antony Raj, SDB,



Director - SHIMS and Rev. Fr. Angelo Joseph, SDB, CEE – Director, SHIMS together with the event organizers, Dr. R. Arockiamary, Mr.R. Alexander, Mr. G. Lawrence and Dr. J. Sasiganth. Prior to the event a MoU was signed between SHIMS and ColourMee to carry out the Salespreneur Expo in the future.

# Orientation Programme on Professional Courses in Commerce

The PG Department of Commerce organised an Orientation Programme on "Professional Courses in Commerce" for UG and PG Students on 02<sup>nd</sup> March, 2021. The resource person for the programme was CA. T. PothiMadhavan, M.Com., FCA., Chartered Accountant, Nungambakkam, Chennai. The session was planned into two parts viz., input session and interactive session. During the input session students gained knowledge



on how to register for the CA, ICWA, CS programme, how to get internship training & stipend from the registered practitioner, pattern of examination and syllabus for CA, ICWA and CS programmes. The participants raised many questions during interactive session and the resource person cleared their doubts.

#### **SAIT 2021**

SAIT 2021 (Sacred Heart Association for Information Technology) – An Intercollegiate IT Meet (Online) was organized by the Department of Computer Applications (UG) on 12<sup>th</sup> Februarym 2021. SAIT provides a platform to showcase the students' talents and technical skills in the field of Computer Science and Applications. About 242 participants from 45 colleges and 13 states had registered and took part in the IT Meet.

Rev.Dr. Maria Arokiaraj. SDB, Additional Principal, inaugurated SAIT 2021. In his inaugural address he highlighted the importance of Information Technology and he also invited the participants to learn the recent technologies. Events were categorized as On-Screen (Online) and Off-Screen. Just a Minute (JAM), Ex-Quiz Me and Code Blaster events were conducted as On-Screen events, Meme Mafia and Broadcast events were conducted as Off-Screen events. During the valedictory ceremony cash prizes and E-Certificates were sent through the participant's personal accounts. The participants appreciated the events and gave their valuable feedback through online mode. Prof.T.Prabakaran, Convenor of SAIT'21, Prof.R.Karthick, Prof.V.Jayakumar Paul Bosco, Dr. A. Mekala, Dr.J. Merlin Florrence and Prof.C.Dharma Devi trained and guided the students for success of IT Meet. Prof.A.John Martin, Head, Coordinated the event.

### ஒரு நாள் தியானம் - ஆசிரியரல்லா பணியாளர்களுக்கு



துய நெஞ்சக் கல்லூரி ஆசிரியரல்லா பணியாளர்களுக்கு ஒரு நாள் தியானம் (06-03-2021) சனிக்கிழமை அன்று காலை 8:30 ഥഞ്ഞിധണഖിல് கல்லூ இல்லதந்தை அருட்திரு ஜான் அலெக்சான்டர் அவர்களின் சச துவக்க தொடங்கியது, உளையுடன் அதனை தொடர்ந்து அருட்த்தந்தை டேனியல் அம்ரோஸ் அவர்கள் சச தியான ഖழിமுறைகளையும் அதன் முக்கியத்துவத்தையும் விளக்கினார்.

பின்பு அருட்திரு. ஆண்டோ சகாயராஜ் அவர்கள் கிறிஸ்தவ பாராம்பரியத்தை பற்றியும் தற்போதய திருச்சபை ഖழിமுறைகளையும் மற்றும் செப வழிபாடுகளிள் திருத்தந்தை பிரான்சிஸ் ச.ச அவர்களின் அநிவுநைகளை வழியுறுத்தி நமது தற்காலத்திற்கேற்றவாறு செப ഖழിமுறைகளை மாற்றி மேம்படுத்துமாறும் அறிவுறுத்தினார். குடும்ப செபமாலையின் மகத்துவத்தையும் மேலும் பாவமன்னிப்பின் கீமைகளையும் முக்கிதுவம் மற்றும் பாவத்தால் உண்டாகும் பாவமன்னிப்ப பெற்றப்பின் பெறும் நன்மைகளையும் அமைதியையும்) மிக தெளிவாக (மன விளக்கினார்.

உணவிற்கு பின் நந்கருனை ஆராதனை, அருட்சாதனம் மதிய ஓப்புரவு மற்றும் அகை தொடர்ந்து கூட்டுத்திருப்பலியும் அதன்பிறகு நன்றியுறையுடன் ஒரு நாள் **ஆசிரியரல்லா** தியானம் நிறைவடைந்தது. தியானத்தில் இத் அனைத்து பணியாளர்கள் (75 நபர்கள்) கலந்து இரையாசிர் பெற்றனர்.

### Webinar on Women Psychology

The Department of Social Work, M.Sc., Counselling Psychology and M.Sc., Computer Science jointly organised a Webinar on "Women Psychology" on 12<sup>th</sup> March, 2021. The resource person was Rev. Fr. Arul Xavier, Director, Fountain College, Sundampatti, Krishnagiri. About 100 students participated in the webinar. It covered the topics related to Women Psychology in the present context. Participants asked and cleared their doubts from the



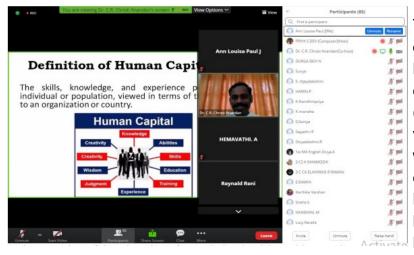
speaker. Many women related issues were brought up by several participants. The need for indicators and tools to measure the impacts of interventions against objectives of Women Psychology was discussed.

#### **National Workshop on Labour Legislation**

The P.G & Research Department of Social Work, Sacred Heart College (Autonomous) Tirupattur in collaboration with Dream Beyond Training Academy, Chennai organized a National Workshop on Labour Legislation between 29<sup>th</sup> March and 9<sup>th</sup> April, 2021. The workshop was open to the public and about 80 students and budding professionals attended the event. Resource persons were: Dr G. Gopala Krishna, Mentor, Enquiry Officer, Certified Peer Reviewer, Veteran HR, Adv. M. Dinesh Kumar, Veteran HR, Director, Dream Beyond Training Academy, Mr. C. Raj, Asst Manager, HR, Mr. Dhurga Das, TVS Group of Companies and Mr. Rizwan, Founder, Career Desire. The experts addressed the gathering about a variety of issues related to Labour Legislation with recent amendments based on their experiences and expertise.

During the weeks long training, webinar participants had the opportunity to choose among various sessions to discuss topics and develop recommendations. The topics include: Introduction about HR, Labour Laws, Factories Act 1948 &TN Factories, Industrial Disputes Act 1947, Maternity Benefit Act 1961, Minimum Wages Act 1948, Payment of Bonus Act 1965, Payment of Gratuity Act 1972, Payment of Wages Act 1936, Equal Remuneration Act 1976, Industrial Employment (Standing Orders) Act 1946, Tamil Nadu Shops and Establishments Act 1947, EPF &MP Act 1952 and ESI Act, 1948, Preparing Resume and Interview tips.

# Sensitization Webinar on Intergenerational Solidarity for School/College Students

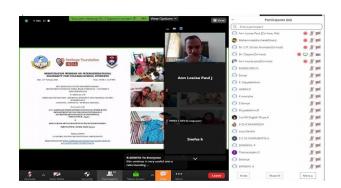


The PG & Research Department of Social Work together with the Department of Counselling Psychology, Sacred Heart College (Autonomous), Tirupattur, jointly ventured into consultancy with the National Institute of Social Defence, India along with Heritage Foundation, Regional Resource and Training Centre, Hyderabad, supported by BDU-

Heritage Centre For Gerontology, Department of Social Work, Bharathidasan University, Tiruchirappalli.

The prospect of the consultancy was to organize a series of sensitization webinars to promote intergenerational solidarity among college and school students. The programme was coordinated by Dr. Clayton Michael Fonceca, Asst. Professor, Department of Social Work, Sacred Heart College (Autonomous), Tirupattur.

The faculty members of the Dept of Social Work and Dept of Counselling Psychology, Sacred Heart College were the resource personnel. The webinar commenced on 12<sup>th</sup> February 2021 and concluded on 18<sup>th</sup> February 2021. Students from Holy Cross Arts and Science College, Tirupattur, Bharath Scouts and Guides, Tamil Nadu, Government Engineering College, Barugur, St. Charles Matriculation Higher Secondary School, Tirupattur and FOLC (Fullness of Life Club) - Seeding Hope Counselling Center - Sacred Heart College, Tirupattur, participated in the 5 day programme. About 576 participants benefited from the webinar which focused on promoting intergenerational solidarity for school and college students. The webinar covered a variety of topics which included: The Need for love and care - A Critical Review on the status of Older Persons, Human Capital- An Investment in Youth, Problems of Elderly- Challenges and Solutions, Understanding the Recent Trends- Statistics and Status of Elderly, The Future of Geriatric Care, Role of Family in caring for the Elderly, Old Age and Mental Health and Psychology of Ageing, Dr. K. R. Gangadharan, Chairman Heritage Foundation Hyderabad, thanked the host institution, for its remarkable attempt in reaching out to both school and college students across the districts of Tirupattur and Krishnagiri. He also thanked the faculty and the participants who attended the programme.





## **IVDP-SHC Scholarship**

In December, 2017, in an Educational Scholarship distribution programme for the Orphan and the Semi-Orphans at Sacred Heart College, Tirupattur, Mr. Kulandei Francis, the founder-president of IVDP, Krishnagiri, threw a challenge to the students. He challenged the students to create an educational scholarship for their fellow students from financially backward classes. The money should be gathered only from the students. He promised that he would contribute a matching grant to the fund gathered by the students. Gathering of funds, identifying the beneficiaries and interacting with IVDP are all done by the students themselves.

This challenge was accepted by the students. A core team volunteered to venture into this challenging project. In the year 2017 - 2018, 60 students were given Rs. 5,000/- as educational scholarship; in 2018 - 2019, 80 students were given Rs. 5,000/-; in 2019 - 2020, 120 students were given Rs. 5,000/-.

In 2020 - 2021, the Covid-19 pandemic situation posed a great challenge to the continuation of the three-year old contributive scholarship programme. As the college was closed under the direction from the government, the scholarship programme could not take off. In this tough situation, Mr. Kulandai Francis himself came forward to offer 100 scholarships on his own without any contribution from the students. The students did not want to go empty handed into the exercise. When the college was opened between Feb 8to March 12, and even after that the student-group appealed to the generosity of the students and they were able to collect Rs.1,67,462.50. This time the scholarship amount was raised to Rs.7,500 per student. So, 122 (100+22) students were given Rs. 7,500 as educational scholarship on April 12, 2021 during a short programme held at Carreno Hall in the College. Mr. Kulandai Francis distributed the scholarships and four of the teaching faculty members were gifted with a laptop each. He also announced that he would contribute Rs. 2 Lakhs towards purchase of library books for the college.

S. No.	Year	No. of students benefitted	Contribution from		Total
			SHC	IVDP	Total
1	2017 – 2018	60	Rs. 1,50,000	Rs. 1,50,000	Rs. 3,00,000
2	2018 – 2019	80	Rs. 2,00,000	Rs. 2,00,000	Rs. 4,00,000
3	2019 – 2020	120	Rs. 3,00,000	Rs. 3,00,000	Rs. 6,00,000
4	2020 - 2021	122	Rs. 1,67,462	Rs. 7,50,000	Rs. 9,17,462
Total		382	Rs. 8,17,462	Rs.14,00,00	Rs. 22,17,462

The college management is highly appreciative of this student-driven initiative, which would be impacting the students' community and the society as a whole in the long run. This is true empowerment of students, which moves them from being mere receivers to

#### Commune 2K21

The Department of Computer Science, Sacred Heart College (Autonomous), Tirupattur organised an Intra Departmental IT meet (UG level) for the 1<sup>st</sup> and 2<sup>nd</sup> year students. The concluding ceremony of Commune 2K21was held on12th March, 2021. The various events of Commune 2K21 were Geek Speak, Connexion, Photobie, Web Smarts, Techie Talk, Clash of Coders, Media Mirchi, Techno Freak and Star Of Commune. The events began from 23<sup>rd</sup> February. The shortlisted candidates of prelims were made to compete in the finals on the concluding day. During the valedictory session Mr. K. Sasi Kumar, Association Secretary Shift-II welcomed the chief guest, heads, faculties, organizers and participants. Dr. S. Sagayaraj gave the memento to the chief guest. Rev.Dr. Praveen Peter, Vice Principal, Admin Shift-I & COE and was the chief guest and gave away the valedictory address on the "Importance of Holistic Development of a Student". The cash awards and certificates were distributed to the winners of all nine events. Mr. C.Santhosh from the organizing committee proposed vote of thanks and appreciated all the participants, organizers and the management who made COMMUNE 2K21 a successful and joyous one. The event was organized and coordinated by Presidents of both the Shifts.

## Youth for Social Responsibility (YSR) – MIYAWAKI Mini Forest Creation



The Youth for Social Responsibility (YSR), а studentvolunteer group of Sacred Heart College, Tirupattur organized a Career Guidance Programme (ILAKKU 2020) for 5,000 school boys and girls in 2020. The YSR team organized a tree planting drive with the plantation of 50,000 saplings in 2021, under the banner of PASUMAI ILAKKU 2021. The team joined hands with

Actor Vivek's Foundation, GREEN KALAM, to carry the project. Unfortunately, due to the second wave of Corona, the programme was deferred to another date. Meanwhile, Mr. M. P. Sivan Arul, IAS, District Collector suggested an alternative project called MIYAWAKI Mini Forest. Along with the district administration and the guidance of Mr. Gnanasooriyan Bahavan of Bhumii Trust, the saplings were planted at Thumberi, a rocky terrain village in



Vaniyambadi Tk. On 28, March 2021, about 60 YSR members and a host of government officials along with the villagers gathered under the leadership of the Collector in Thumberi. The enthusiastic YSR students planted a total of 1001tree saplings with 50 different species led by the Collector, who planted sandalwood. A land area of 600 square meters was prepared with drip irrigation system, governed by the village panchayath. In his speech,

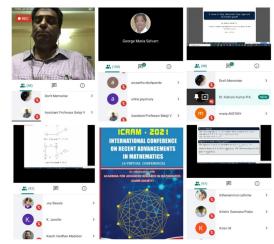
the collector appreciated the YSR members and Sacred Heart College, Tirupattur for the social consciousness and expressed his desire to have about 1000 MIYAWAKI Mini Forests in Tirupattur District. He urged the YSR members to take up the challenge and he promised the support of the district administration. The YSR team was accompanied by Rev. Dr. Maria Arokiaraj, the Additional Principal.



# **International Virtual Conference on Recent Advancements in Mathematics**

The International Virtual Conference on Recent Advancements in Mathematics ICRAM

2021 was organised by the PG and Research Department of Mathematics, Sacred Heart College (Autonomous), Tirupattur, Tamil Nadu, India in collaboration with Academia for Advanced Research in Mathematics (AARM Society) on 9<sup>th</sup> & 10<sup>th</sup> April, 2021. More than 150 participants actively participated in the conference and presented 148 research papers. During the first session Dr.V.Balaji, Asst. Prof, Dept of Mathematics & Convener (ICRAM 2021) delivered the welcome address. The inaugural address was delivered by Rev. Dr. D. Maria Antony Raj, SDB, Principal. Dr. A.



George Maria Selvam, PG Head, Dept of Mathematics & Chair Person (ICRAM 2021) gave the introductory address and presented the first speaker of the day Dr. P.K. Kishore Kumar, Asst. Prof, University of Technology and Applied Sciences, Al Musannah, Sultanate of Oman. Dr. P.K. Kishore Kumar enlightened all the participants on the title 'A Review on Fuzzy, Intutionistic Fuzzy, Vague and Neutrosophic Graphs'. Dr. R.Murali, UG Head, Dept. of Mathematics introduced the second speaker of the day Dr. S. Dheva Rajan, Asst. Prof, University of Technology and Applied Sciences, Al Musannah, Sultanate of Oman. He enlightened all the participants on the title 'Developing a Mathematical Model for Infectious Disease'. The first session concluded with the vote of thanks by Dr. B. Govindan, Asst. Prof, Dept. of Mathematics & Organising Secretary (ICRAM 2021). The second session was allotted for paper presentation by the delegates from various colleges and was it chaired by Dr.G. Britto Antony Xavier, Dr. T. G. Gerly, Dr.B. Chandra Sekar, Dr.B. Govindan, Dr. D. Ajay, Dr. M. Antony Arockiasamy, Dr.S. John Borg, Dr.S. Kalaiarasi and Dr.S. U. Vasanthakumar.

On the second day Dr. A. George Maria Selvam, PG Head, Dept of Mathematics & Chair Person (ICRAM 2021) delivered the inaugural address. Rev. Dr. S. John Borg, PG Head, Department of Mathematics (Shift - II) introduced the first speaker of the day Dr. P.Francis, Post - Doctoral Fellow, Dept of Computer Science, IIT, Palakkad, Kerala, India. He enlightened all the participants on the title 'On Domatic and Total Domatic Numbers of Product Graphs'. Dr. S.U.Vasantha Kumar, UG Head, Dept of Mathematics (Shift-II) introduced the second speaker of the day Dr. V. Raja, Asst. Prof, Dept. of Mathematics, PSG College of Technology, Coimbatore – 641004, he enlightened all the participants on the tile "Structure of Tree- Like Graphs".

Dr. G. Britto Antony Xavier, introduced the Academia for Advanced Research in Mathematics (AARM Society) to the participants. The first session concluded with the vote of thanks by Dr. B. Govindan, Assistant Professor, Dept. of Mathematics & Organising Secretary (ICRAM 2021). The second session was allotted for paper presentation by delegates from various colleges and it was chaired by the faculty members of the department.

# National Webinar on Sustaining Physical and Emotional Well-Being in Combating Covid-19

The Department of Physical Education, Sacred Heart College (Autonomous), Tirupattur organised a National Webinar on "Sustaining Physical and Emotional Well-Being in Combating Covid-19" on 22<sup>nd</sup> June 2021. The National Webinar was organised at 3:00 p.m. through Zoom platform. The welcome address was delivered by Dr. K. Arockiaraj, Assistant Professor, Department of Social Work, Sacred Heart College. Rev. Dr. Praveen Peter, Vice Principal (Shift-I) & COE gave the felicitation address. The resource person Mr. Vinod Jacob, Assistant Professor, Department of Physical Education, SN College, Cherthala, Kerala highlighted the need for physical exercises to fight illness and provided the necessary guidelines for the Covid Survivors.

Dr. Kavita Kholgade, Managing Director, Kavita Sports & Fitness, Secretary, Khel Rang FSSA, Director of Physical Education, SMRK College, Nashik, Maharashtra highlighted the importance of emotional well-being. She emphasized the need for strengthening the Emotional Quotient for successful life and overall wellbeing. Dr. K. Arockiaraj moderated the discussion after each session. Vote of thanks was proposed by Mr. A. Bento Devaraj, Director of Physical Education, Department of Physical Education, Sacred Heart College. About 60 faculty members and 30 students from various institutions across the nation attended the webinar.

# National Webinar on Excelling as Young Volunteers

The Youth Development Forum, P.G & Research Department of Social Work, Sacred Heart College (Autonomous), Tirupattur organized a National Webinar on 'Excelling as Young Volunteers' in collaboration with Networking & Development Center for Service Organization (NDSO) and Unity of NSS on 18<sup>th</sup> June, 2021. The webinar was organized by the students of Youth Development Forum as part of their Field Work Practice. The webinar aimed to enhance the capacity of young volunteers who have rendered their valuable services in various ways to fight Covid-19. Rev. Fr. S. Henry Daniel Ambrose, the President, Youth Development Forum welcomed the resource persons and the participants for the session.

Mr. Devendiran, a young volunteer was one of the resource persons to share his inspiration behind being a successful volunteer. He highlighted the importance of volunteerism to fight social evils. The second session was addressed by Mr. J. Prabhakar, Founder and Director of NDSO. He shared the necessary skills required for a successful volunteer and importantly during the Covid-19 pandemic relief activities.

He mentioned the necessary skills such as empathy, communication, organization, relationship and networking skills required for a volunteer. The third session was handled by Dr. Gilbert Rani, Assistant Professor, Arul Anandhar College, Karumattur, Madurai. She highlighted the ways how volunteers can impact the society and organizations by observing and identifying the plight of people around and meeting them in a scientific manner. About 92 participants from 12 institutions attended the webinar.

# Webinar on Thin Films – Preparation and Characterization



The Department of Physics, Sacred Heart College (Autonomous), Tirupattur in collaboration with the Department of Physics, Annai Velankanni College, Tholayavattam, Kanyakumari District organised a webinar titled Thin Films – Preparation and Characterization on 21<sup>st</sup> May 2021. Mrs. Latha Batrace, Head, Dept of Physics, AVC delivered the welcome address. Dr. J. Johnson, Principal, AVC and Rev. Fr. Kulanthai, Secre-

tary, AVC delivered the felicitation address. The resource person Dr. A. Dhayal Raj, Asst. Prof, Dept of Physics, Sacred Heart College delivered his lecture on "Thin films- Preparation and characterization". He explained the different types of thin film preparation and the different techniques of characterization. About 95 participants attended the lecture. Dr. M. Jose, Asst. Prof, Dept of Physics, Sacred Heart College thanked the resource person, participants and both the managements of AVC and SHC.

# Virtual Workshop on Carrier Guidance and Problem Solving in Physics

A five days virtual Workshop on 'Carrier Guidance and Problem Solving in Physics' was organized by the Department of Physics, Sacred Heart College (Autonomous), Tirupattur for the outgoing B. Sc. Physics students and the present final year students between 16<sup>th</sup> and 20<sup>th</sup> June, 2021 through Google Meet platform. Each day the workshop was conducted between 5.30 pm and 6.30 pm. The resource person for the workshop was Mr. Arul Raj Natarajan, Research Scholar, IIT Hyderabad.



# தூய நெஞ்சக் கல்லூரியில் பாரம்பரிய சித்த மருத்துவ கொரோனா சிகிச்சை மையம் தொடங்கப்பட்டது.



தூய நெஞ்சக் கல்லூரியில் உள்ள போஸ்கோ சமூகப் பணிக் கட்டிட வளாகத்தில் பாரம்பரிய முறையில் சித்த மருத்துவ முறையினைக் கையாண்டு கொரோனா நோயாளிகளுக்குச் சிகிச்சையளிக்க முடிவெடுக்கப்பட்டது. மாவட்ட ஆட்சித் தலைவர் திருமிகு சிவன்

I.A.S. அவர்களது முன்னெடுப்பில், சித்த மருத்துவர் விக்ரம் குமார் அவர்கள் பொறுப்பு வகிக்க, நமது கல்லூரியின் ஒத்துழைப்போடு சிகிச்சை மையம் தொடங்கப்பட்டது. இம்மையத்தினைக் கைத்தறித்

துறை அமைச்சர் **மாண்புமிகு காந்தி**அவர்கள் திறந்து வைத்தார்.
இந்நிகழ்வில் **திருவண்ணாமலை**நாடாளுமன்ற உறுப்பினர் மாண்புமிகு

C N அண்ணாதுரை, வேலூர்
நாடாளுமன்ற உறுப்பினர் மாண்புமிகு
கதிர் ஆனந்த், திருப்பத்தூர் சட்டமன்ற



உறுப்பினர் மாண்புமிகு A.நல்லதம்பி, ஜோலார்பேட்டை சட்டமன்ற உறுப்பினர் மாண்புமிகு K.தேவராஜி மற்றும் நமது தூய நெஞ்சக் கல்லூரியின் இல்லத்தந்தை அருட்திரு முனைவர் ஜான் அலெக்ஸாண்டர், முதல்வர் தந்தை அருட்திரு முனைவர் மரிய ஆண்டனி ராஜ் ஆகியோர் கலந்துகொண்டர்.







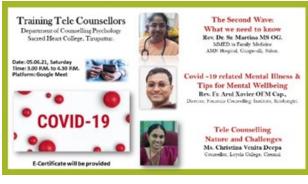
# புத்தக வெளியீட்டு விழா



14.04.2021 புதன்கிழமை மாலை 5.00 மணிக்குத் தூய நெஞ்சக் கல்லூரியில் உள்ள கரேஞோ அரங்கில் தமிழ்த்துறைப் பேராசிரியர் முனைவர் கி.பார்த்திபராஜா எழுதிய 12 நூல்கள் வெளியீட்டு விழா நடைபெற்றது. இவ்விழாவில் திருப்பத்தூர் மாவட்ட ஆட்சியர்

திரு ம.ப.சிவன் அருள் இ.ஆ.ப. அவர்களும் ஆவணப்பட இயக்குநரும் எழுத்தாளருமான திரு. பாரதி கிருஷ்ணகுமார் அவர்களும் பாண்டிச்சேரி மத்தியப் பல்கலைக் கழகப் பேராசிரியர் திரு ரவிக்குமார் அவர்களும் விருந்தினர்களாகக் கலந்துகொண்டனர். விழாவில் பதிப்பகம் வெளியிட்ட முனைவர் கி.பார்த்திபராஜா அவர்களின் கலை, இலக்கியம், இசை, நாடகம், பண்பாடு, வரலாறு, தத்துவம், ஆய்வியல் தொடர்புடைய 12 நூல்களை துறைசார் வல்லுநர்கள் வெளியிட;ட சிறப்பு அழைப்பாளர்கள் ஒவ்வொரு நூலினையும் இரண்டு கல்லூரியின் பெற்றுக்கொண்டனர். நெஞ்சக் இல்லத்தந்தை தூய அருதிரு அலெக்ஸ் மற்றும் முனைவர் ஜான் கல்<u>லூ</u>ரி முதல்வர் முனைவர் மரிய ஆண்டனி அருட்திரு தா. ராஜ் அவர்களும் நூலாசிரியரை வாழ்த்தினர். இறுதியாக கி.பார்த்திபராஜா (முனைவர் ஏற்புரை வழங்கினார். நிகழ்வை வழக்கறிஞர் சினேகா பார்த்திபராஜா தொகுத்து வழங்கினார்

### **Webinar on Training Tele-Counsellors**



A Webinar on Training Tele-Counsellors was organised on 5<sup>th</sup> June 2021. Three prominent resource persons discussed issues related to COVID 19. Rev. Sr. Martina from ANM Hospital, Salem, shared about the effects of the second wave and how one can keep oneself safe. Rev. Fr. Arul Xavier OFM Cap., Director of Fountain Counselling Centre, Krishnagiri discussed about mental ill-

ness and offered tips for mental wellbeing. Ms. Christina from Loyola College elaborated on the nature and challenges of tele-counselling and shared her experiences as a tele-counsellor. About 756 participants from 195 institutions across India participated in the Webinar.

#### **Arise & Shine - A Psychological Series**



The Dept of Counselling Psychology in collaboration with Erudite, an association for psychologists of Andaman and Nicobar Islands, Port Blair conducted a 12 Day Psychological Series for school and college going students between 5<sup>th</sup> and 16<sup>th</sup> June, 2021. 12 prominent personalities mainly psychologist gave talks on varied themes. On behalf of the Dept of Counselling Psychology Fr. Joe Sanjay, Mr. Arul Prabakaran, Fr. Selvaraj and Fr. Renigo Roy shared their wisdom and knowledge with the students. About 50 participants from 10 different institution participated in

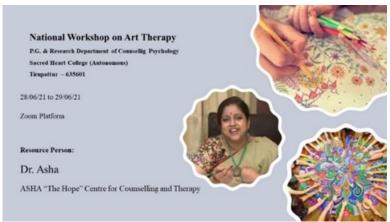
the webinar series.

# Workshop on Structural Equations Modeling using AMOS

The 6 days Virtual Workshop on Structural Equations Modeling using AMOS was conducted between 21<sup>st</sup> and 26<sup>th</sup> June, 2021. About 61 participants from 37 institutions participated in the workshop. Among the participants many were research scholars and professors. During the inaugural function, Rev. Dr. Maria Antony Raj, Principal, Sacred Heart College presided over the inaugural session. The resource person Dr. Barani Kanth, Associate Prof. of Applied Psychology, Pondicherry University discussed about EFA, CFA, path analysis, model building and model validation using IBM SPSS AMOS and offered hands on training.



### **National Workshop on Art Therapy**



The Dept of Counselling Psychology organized a National Workshop on Art Therapy on 28<sup>th</sup> and 29<sup>th</sup>, June 2021. Dr. Asha, Founder, ASHA, "The Hope" Centre for Counselling and Therapy was the resource person. She explained how art as a therapy can be used for creative process to improve a person's physical, mental, and

emotional well-being. Projective techniques like House-Tree-Person, Scribble, Bridge, Mandala drawing, and Baum Therapy were discussed during the workshop. About 16 students and teachers attended the workshop.

# 70<sup>th</sup> College Day

Sacred Heart College (Autonomous), Tirupattur-635601 celebrated its 70th College Day



on 23rd April, 2021 in Kamarajar Arangam at 11:00 a.m. The event was organised adhering to the SOP issued by Govt. of Tamil Nadu. Rev.Dr.John Alexander, Rector & Secretary was the chief guest. The office bearers and prize winners of the final year UG & PG students were honoured during the event. The prizes and medals were distributed. The program was

broadcasted live through you tube. Rev.Dr.D.Maria Antonyraj, Principal, Rev.Dr.Praveen Peter, Vice-Principal & COE, Rev.Dr.K.A.Maria Arokiaraj, Addl. Principal(Shift-II), Rev.Dr.Theophil Anand Vice-Principal(Shift-II) and other salesian members graced the occassion.













# Our Sincerest Condolences



Mr. C. Sivakumar Junior Assistant, COE



Asst Prof. S.Kalaiarasi Communicative English

The management, staff and students of Sacred Heart College grievously condoles the demise of Mr. C. Sivakumar, Jr. Asst, COE & Mrs. S. Kalaiarasi, Asst.Prof, Department of Communicative English. May the Almighty God grant eternal rest to the departed souls.

# **Editorial Board**



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