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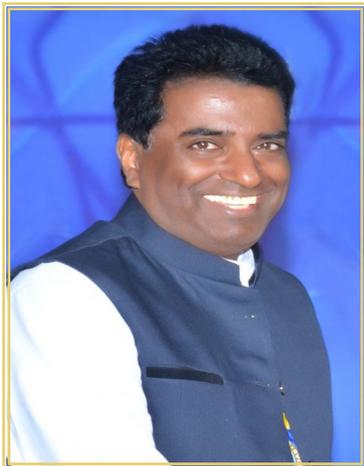
SACRED HEART COLLEGE

(AUTONOMOUS) Tirupattur

Accredited by NAAC with CGPA of 3.43/4 at 'A' Grade | Affiliated to Thiruvalluvar University, Vellore



Principal's Message.....



Dear Sacred Hearts!

I am happy to connect to you through this edition of the bi-monthly newsletter 'Sacred Heart Times'. It was heartening to witness the generous contributions by the members of Sacred Heart College Community towards the relief fund for the Gaja Cyclone hit districts of our State. This aptly reflects the social consciousness and responsibilities of the faculty, students and the management. When the aided teaching staff magnanimously contributed their one day salary, the self-financing staff extended their possible quantum of contribution willingly, which was well taken by the students who contributed selflessly by sacrificing their day-to-day expenses. I am happy to mention that close to Rs. 16 lakhs has been spent towards the relief works. I also acknowledge the contribution of Mr. Kulandai Francis, the Founder and President of IVDP (Integrated Village Development Project), Krishnagiri who rendered his helping hand by contributing a matching grant in this noble initiative.

I gratefully acknowledge the efforts of all the stakeholders of the college for the successful organization of the maiden Research Day Celebrations on 15th December, 2018. This is a day to remember, recollect, represent and reward the research contributions of the faculty and students of our college. I have a strong belief that this venture will ignite the efforts of staff and students to reach greater heights in the fields of research, consultancy and extension.

The message of John the Baptist, gospel writers and the writers of the Old Testament urge us to let go to our pride and ego. The ego within us has to be overcome and destroyed. We need to remove the ego from our hearts and allow God to live there. God is without ego, He went to the extreme of sending His own son to the earth to redeem us marking His egoless quality. Let us try to get out of the clutches of our ego and try to lead a purposeful and joyful life respecting our fellow beings, and make our Christmas Celebrations meaningful this year.

My prayerful wishes to you and your dear ones to have a merry and meaningful Christmas Celebrations. I also wish you a Happy New Year 2019 with rich blessings of Love, Joy, Warmth, and Laughter.

God bless you all.

Rev Dr. D. Maria Antony Raj, SDB,
Principal





Sacred Heart Research Day

Research being the advancement of human intelligence and knowledge moulds the society in all dimensions. Sacred Heart College being one of the pioneers of imparting quality education has added another feather to its cap by strengthening its research cell and extending it vigorously in all dimensions. To mark this glorious achievement of dedicated research from staff and students, a maiden effort has been made to honour and show case the research carried out by the college to the world, thus making it a red-letter day in the history of the college.

Sacred Heart College celebrated its first Research Day on 15th, December. The Resource Person for the day was Dr. D. Ravi Shankaran, Centre for Nano Sciences and Technology, University of Madras. All the staff, PG and UG third year students participated in the celebration. Rev. Dr. Maria Arockiaraj, the additional principal welcomed the gathering and introduced the resource person of the day. Rev. Dr. D. Maria Antonyraj, the principal of the college presented the research credentials of the Institute. The presentation briefed the history of how the research centre kick-started. Rev. Dr. C.M. Varghese, SDB was given the privilege of directing the research centre, then the baton was passed on to Dr. Jayabalan. The good work has been carried over to the next level with the able administration of Dr. M. Jose, presently. Dr. M. Jose, The Dean of Research, released the staff research profile book and online journals of various departments.

This was followed by the release of Bio Wings, a book by Dr. I. Niya's Ahamed, Department of Bio Chemistry. Dr. Pon Selvakumar, The Head of the Department of Tamil, launched a new website titled Tamil Nilam, a website that brings out the research activities of Dr. Prabhu on the archaeological surveys of Tamil Culture.



Research Day 2018





It was followed by the presentation of the research activities of the department. Later cash awards were given to the staff and students from arts and science departments. The best department for research was awarded to both arts and science departments. The best research award for faculty of arts was given to Dr. K. Parthibaraja, Department of Tamil. The best research award for faculty of science was given to Dr. Britto Antony Xavier, Department of Mathematics. The best research award to scholars was given to Rev. Fr. John Borg, SDB, Department of Mathematics. The best department of research for arts was awarded to Tamil. The best department of research for science was awarded to The Department of Bio-Chemistry.

The Chief Guest admired and appreciated the efforts of the management and the staff for their sincere efforts. He spoke on how research is performed and understood globally.

Mr. Henston, Assistant Professor, Department of English, inspired the audience with his team singing the youth song. The vote of thanks was delivered by Dr. Martin Britto Das. He thanked the administration and the staff for their excellent support towards the growth of the institution.

Research Day 2018





Sacred Heart Signs MoUs with Educational Institutions at Sri Lanka

The PG Dept of English, Sacred Heart College (Autonomous), Tirupattur, Vellore Dt., India and Don Bosco Vocational Center, Murunkan, Mannar Dt., Sri Lanka headed by Rev. Dr. C. M. Varghese SDB, the Director signed a MoU on 17 August, 2018 at Sri Lanka.



On 18th Aug 2018, another MoU was signed between Don Bosco Civil Engineering Institute, Metiyagane, Sri Lanka and Sacred Heart College, Tirupattur, to provide consultancy and to train the faculty. On 17 Nov, 2018, Rev. Dr. K. A. Maria Arokiaraj visited the above mentioned institute at their request and evaluated their current English curriculum and gave suggestions for further improvement.

Similarly, three MoUs have been signed between the above mentioned parties for cooperation in the field of Computer Science too.



DON BOSCO
SRI LANKA



SACRED HEART COLLEGE
(Autonomous), Tirupattur-635601
Vellore Dt, Tamil Nadu, India.



International Collaboration





HEART BEAT

“Heart Beat” - The Cultural Fest of Sacred Heart College Shift-I was held on 1st December, 2018 at DBIS. Mr. Poo Ramu, renowned film actor was the chief guest. Mr. Anthikkaatru Balu, singer and music composer, Ms. Prema dance master and choreographer, Mr. Manoj dance master and choreographer, Rev. Dr. Raj Kumar, rector Don Bosco College, Dharmapuri were invited as the judges of the day. Rev. Dr. C. Antonyraj, the rector welcomed the gathering and felicitated the chief guest and judges of the event. Dr. K. Parthibaraja, Dept of Tamil introduced the dignitaries. There were four events on the day namely: Mime (Girls), Group Dance (Boys), Skit (Boys) and Group Dance (Girls). Various off stage events were conducted prior to the fest and prizes were distributed. The Department of Chemistry won the overall championship. The champions were felicitated with a trophy. Dr. Prabhu, Dept of Tamil proposed the vote of thanks.

Cultural Fest 2018





HEART BEAT

An inter-departmental cultural competition for Shift II comprising onstage and off stage events started on 23rd, November 2018 with Poem Writing. Events like Pencil Sketch, Stand-up Comedy (duos), Solo-Singing, Elocution- Tamil and English, Short Film, Photography, Meme- Video and Picture lined up for the whole week as off stage events. On 30th November 2018, onstage events took place. The inauguration ceremony started at 9:00 a.m. Rev.Dr. Antony Raj, Rector, Rev.Dr. K.A. Maria Arockiaraj, Additional Principal, Shift II and the judges of the onstage events, Rev.Fr. Edward, Rev. Sr. Savuri, Mrs.Agila were present. Rev.Fr. Rector declared open Heart Beat 2018. Rev.Dr. Maria Arokiaraj, welcomed and introduced the judges. The following onstage events were queued for the day, such as Group Singing, Group Dance for boys and girls, Skit, Mimeb and Instrumental Solo. The Chief Guest Mr."Poo" Ram, director and actor for the valedictory arrived and graced the occasion at 4:00 p.m. His valedictory address inculcated a vibrant fire in the minds of the youngsters. Rev.Dr. Theophil Anand, Vice- Principal Administration, lead the prize distribution ceremony. The Heart of Heart Beat, the individual championship was given to Mr. Sanjay, from III Physics and to Ms. Sangeetha, III BCA. The privilege of the day, the overall championship for girls and boys were won by the Dept. Of. English. Ms. Merlin Florence, Asst. Prof, Dept. of BCA proposed the vote of thanks. The program concluded with college anthem.

Cultural Fest 2018





Inauguration of Electricity Block

The renovated Electricity Block was opened on 22nd of November, 2018. The blessing of the block was done by Rev. Dr. Antonyraj, the Rector and was opened by Rev. Dr. Maria Antonyraj, the Principal in the presence of Mr. Krishnan, the Executive Engineer, TNEB, Tirupattur. The block was initially gifted to the college by the great benefactor, Rev. Fr. Francis Guezou on 24th June, 1996. The renovated block has all the panels for the various blocks of the college replaced with digital meters and a new generator with 320 KV capacity. It will address the increased consumption of power every year without any technical difficulty and safety concerns are addressed with utmost sophistication.



Excellence in Rifle Shooting

The NCC Cadets R.Shasmitha (AU170252) and N.Monisha (AU170248) of 12 TNBN, Coimbatore Division won Gold and Silver Medal in the State Level Rifle Shooting Competition held at Madurai. The students belong to II B.Sc. Mathematics, Shift-I. There were 5 rounds in the competition. The competition involved several levels and unique parameters. The students won 1st and 2nd place respectively.



College Activities





Gaja Cyclone Relief Work



Gaja Cyclone Relief

Tragedy struck in the wee hours of Friday, November 16. Coastal and delta districts in Tamil Nadu were witness to the devastation of Gaja, a severe cyclonic storm. As a result of this natural catastrophe (Gaja Cyclone), many families have been suffering from black outs (total power failure) for many days. Sacred Heart College felt the immediate need in providing basic lighting facilities to such cyclone struck families.

With the able guidance of Rev. Dr. C. Antony Raj, the Rector/Secretary of the college along with Rev. Dr. D. Maria Antony Raj, the Principal, a team of two Faculty members, viz., Dr. S. Paul Raj, HoD of Social Work and Rev. Fr. Henry Daniel Ambrose, Director, Extension Services along with four student representatives viz., Sr. Jeeva, Ms. Raj Praveena, Mr. Arun Kumar and Mr. Sudhkar visited 'Thoppu Kollai' in Pudukottai on 27th November 2018 and executed the operation.

Sacred Heart College as part of its ISR (Institutional Social Responsibility) reached out in lending a helping hand to this cyclone hit district by the noble contribution of Rs. 5,00,000/- by the students and with equally met contributions by the IVDP (Integrated Village Development Project) of Krishnagiri. Thanks to Mr. Kulandai Francis, the Founder –Director, IVDP, Krishnagiri and to D'Light for their gesture in providing the articles in a discounted price. This humane endeavor resulted in a total of Rs. 14, 25,000/- worth of solar-powered lamps being distributed to the people of Sri Lankan Refugee Camp at Thoppu Kollai, and people of Palandampatti near Pudukottai. The team distributed the Solar Lamps to 528 beneficiaries. The people expressed their gratitude to the Management, staff and students of Sacred Heart College and the Director of IVDP for the timely gesture.





International Seminar on Prevention of Child Sex Abuse

International Seminar

The Post Graduate & Research Department of Social Work, Sacred Heart College conducted an International Seminar on the Prevention of Child Sexual Abuse on 24th November 2018. The seminar was the need of the hour as India is rapidly facing problems related to Child Sexual Abuse. National reports deliver an alarm on the rate of incidents. In India, a child is sexually abused every 15 minutes, according to the latest government figures. "Being vulnerable is not their fault, but the same cannot be sustained, as the elders, parents and teachers are entrusted with the responsibilities to prevent and safeguard the children from such abuse", stated Dr. Lois J.Engelbrecht, Founder – Center for the Prevention & Treatment of Child Sexual Abuse, Quezon City, Philippines who was the resource person for the day.



She addressed the gathering on various themes which included:

1. Understanding a Child and Child Sexual Abuse
2. Magnitude of Child Sexual Abuse in India and Abroad
3. Causes and Consequences
4. Prevention of Child Sexual Abuse
5. Role of Parents, Institutions, Government and Public in ensuring Child Safety and Healthy Environment.



The target audience and participants were college students, research scholars, teachers from schools and colleges, NGO personnel and Psychologists. Dr. Lois J.Engelbrecht stated that India ranks first among countries worldwide for boys who have been sexually abused. She addressed the importance of safe touch and unsafe touch. She also stated that Child Sexual Abuse occurs by building trust, helping and showing love to children. Dr. Lois J. Engelbrecht explained about the Accommodation Syndrome which is otherwise called Grooming. She also stated the impact of Child Sexual Abuse in India.

At the end of the programme, the students were given an opportunity to share their feedback on the seminar. The feedback guidelines were given to the student to evaluate the importance of the seminar. During the feedback session many students expressed the need and the importance of the topic in today's context with special reference to youth as the change agent for the world. They further stated the resource person were highly skillful, resourceful, informative, lively and dynamic.





IVDP Scholarship



IVDP Kosaley Memorial Scholarship for Orphans and Semi-Orphans of Sacred Heart College (Autonomous), Tirupattur for the year 2018-19 was distributed to 150 students on 23rd November at BISW Hall. Magsaysay Mr.Kulandai Francis was felicitated by Rev.Dr.Antonyraj, the Rector and Secretary, Rev.Dr.Maria Antony, Principal, thanked the benefactor for his generosity. Fr.S.Henry Daniel Ambrose, Director of DEEDS, welcomed everyone and co-ordinated the scholarship process along with



Mrs.Tharageswari. Mr.Kulandai Francis after handing over the cheque (Rs.7,75,000) to the individual students encouraged them to study well and become persons of integrity where your prayer and action becomes one. The heart-warming event concluded with students spontaneously coming forward and thanking the benefactor.

College Activities

Inter-Departmental Tournaments 2018

The Inter-Departmental Sports Tournament was organized by the Department of Physical Education, Sacred Heart College

(Autonomous), Tirupattur between 26th and 28th November in the college premises.



Rev.Dr.Praveen Peter, Vice Principal Shift-I, Rev.Dr. Theophil Anand, Vice-Principal Shift-II, Physical Directors graced the tournament. Events like Basketball, Volleyball and Football were conducted for men. Ten-nikoit, Throwball and Badminton were conducted for women. Around 1200 students from both the shifts actively participated in the tournament and won prizes.





Neuro Linguistic Programming (NLP)

A five day workshop on Neuro Linguistic Programme (Basic) was attended by twenty students and two staffs of the PG Department of Counseling Psychology between 22nd and 26th October, 2018. The workshop was organised by Atmamitra Centre for Guidance and Counselling of Students, at Kalady, Kerala. Fr. Toby Joseph SJ addressed the students and efficiently handled the basics of NLP. The workshop immersed the students to help them in healing and to help others to heal.



Workshop

Intensive Workshop on Technical Aptitude and Soft Skills

A two day Intensive Workshop on Technical Aptitude and Soft Skills was organized by the Department of Computer Science, Sacred Heart College, Tirupattur at Fountain College Vidivelli, Sundampatti, Krishnigiri between 24th and 25th November, 2018. Rev.Fr. Xavier Antony S J, Rev. Fr. Stanly, Prof.S.T.Rajan and Mr. Pushbaraj were invited as the guest speakers. The faculty members of the Department Dr. L.Ravi, Prof. J. John Arockiaraj, Dr. M. Maria Dominic, Prof. R. Sandrilla and Prof. C.Sathish Kumar were present. The workshop focused on technical aptitude, stress management and skill development.





Regional Workshop on Planning of UBA Activities in Village Clusters

The Regional Workshop on Planning of UBA Activities in Village Clusters adopted by the Participating Institutes (PI) was organized by IIT Madras in collaboration with IIT Delhi on 06th December, 2018 at Raman Hall, IITM Research Park, Chennai. Rev.Fr.S.Henry Daniel Ambrose, Department of Social Work, Sacred Heart College attended the workshop.

Eminent scholars and members of various agencies graced the occasion. Prof. V. Kalyanaraman, Dr. K. Sriram, Mr. Vasudeo Gharpure, Green Rameswaram & Vivekananda Kendra-NARDEP, Rameswaram, Mr. Srivavasa Rao, University Grant Commission, South Eastern Regional Office (SERO), Hyderabad, Prof. Vivek Kumar, IIT Delhi, UBA National Nodal Office, Dr. Dares Ahamed IAS, Director, National Health Mission, Govt. of Tamilnadu, Dr. Krishnan Kant Sharma, Chief Scientist, Shri AMM Murugappa Chettiyar Research Centre, Chennai, Ms. Preethi, Social Worker, Payir Trust, Perumbalur, Prof. Pijush Ghosh, IITM and Mr. Ashwanth, Business Head, Desicrew – Rural BPO shared their expertise in the workshop.

Other Activities



மாணவர் பட்டிமன்றம்

வீரமாமுனிவர்தமிழ்மன்றம், தமிழ்த்துறை (பிரிவு 1) சார்பாகமாணவர்பட்டிமன்றம் 13.12.2018 அன்று சிறப்பாக நடைபெற்றது. நிகழ்வில் புலவர் சு.மோகன்குமார் அவர்கள் நடுவராகக்கலந்து கொண்டார். பிரிவு 1 மாணவர்கள் பங்கேற்பாளர்களாகக்கலந்து கொண்டு 'இன்றைய தலைமுறையினரிடம் தாய்மொழிப்பற்றுவளர்கிறதா.. தளர்கிறதா..' என்றதலைப்பில் சிறப்பாகப்பேசினர். நிகழ்வில் தமிழ்த்துறைத்தலைவர் முனைவர் பொன்.செல்வகுமார் அவர்கள், தமிழ்த்துறைப்பேராசிரியர்கள் உள்ளிட்ட ஏராளமான மாணவர்கள் பங்கேற்றுச்சிறப்பித்தனர். நிகழ்வினை முனைவர் ஆ.பிரபு அவர்கள் ஒருங்கிணைத்து ஏற்பாடுகளைச் செய்தார்.





ICSSR Sponsored Orientation Programme

Mr. A. Premkumar, Research Scholar, Department of Economics participated a ten days orientation programme in Social Science Research for Scholars and Teachers of SC/ST communities from 26th November to 06th December 2018 sponsored by ICSSR at Institute for Industrial Development (ISID), New Delhi. The objective of the programme was to enhance the latest research techniques in social science.



Mr. A. Kannapan, M.Phil Research Scholar, Department of Economics attended a 10 days Research Methodology course in Social Sciences between 24th November to 3rd December at Department of Economics, Kurukshetra University, Kurukshetra, Haryana sponsored by ICSSR. The course content included research methods, sampling techniques, data analysis tools and techniques, econometric and statistical techniques using E-Views, Excel and SPSS software. The concept of mapping data according to the location using the Geographical Information System (GIS)



College Activities

Ramanujan Day

The Department of Mathematics celebrated the “The Man who knew Infinity” Srinivasa Ramanujan’s Birth Anniversary by organizing many events on 18th December, 2018. The event started with a fruitful session on “Riemann Steilgies Integral” – A view by Dr. S. Balakrishnan, Assistant Professor, Dept of Mathematics, Islamiah College, Vaniyambadi. It was a thought provoking session for the students. The list of events started with Just a Minute in which the students participated enthusiastically. The Quiz Mela was an ice breaking session and the off stage events such as Essay Writing and Formula Writing took place simultaneously in various halls. It was followed by Math Glossary, Mute Monomial and Connexions. The students participated actively. The event concluded with the valedictory address by Fr. Stanislas, Research Scholar and distributed the prizes to the winners.





ICC 2K18

The Department of Commerce Shift I organized ICC 2K18 (Intra Commerce Competition) on 17th December, 2018. It is a key event in the academic calendar of the department during which the

students are given an opportunity to exhibit their latent talents and hone their leadership and organising skills. It is an event that is organized 'by the students, for the students and to the students'. The event started at 9.00 a.m. with an inaugural function during which the Rector and the Principal congratulated the Department for organizing the event and motivated the students. There were six off-stage events and seven on-stage events organized by a team of student organizers. The students participated in six groups enthusiastically in all the



events. The events were judged by the staff members from various departments and medals and certificates were distributed to all the winners and participants. The events concluded by 5.30 p.m. after a short evaluation of the program.



College Activities

Seminar on Mental Disorders

A Seminar on Mental Disorders was conducted by the PG Department of Counselling Psychology on 15th December, 2018 at Sacred Heart College, Tirupattur. The seminar started with an activity of 'Positive Energy Building' which was conducted by the second year Counselling Psychology students. Mr. Kulandaisamy MSW, PSM., Appa Mental Health Facility, Tiruvanna-malai was invited as the resource person. The resource person detailed the mental disorders with definitions and positive and negative symptoms of Schizophrenia, Mania, OCD, Bipolar, Anxiety and Dissociative Disorders. The students of MSW and Counselling Psychology actively participated and gained insight.





Medical Camp on Detection of Anaemia



A Free Medical Camp on Detection of Anaemia for adolescent girls was organized by the Rotract Club Shift-II. The camp aimed to promote awareness on anemia for young girls. The camp was sponsored by Rotract Club of Tirupattur and Dr. Elamparithi, Thangamma Hospital. The camp was organized between 6th and 13th Dec at Sacred Heart College. Rtn.Chandrasekar, the president, Dr. Elamparithi and ten members from Rotary Club graced the occasion. The programme was inaugurated by Rev. Dr. K.A. Maria Arokiaraj, the Additional Principal. A team of five staff nurses from Thangamma Hospital performed the blood test to detect anaemia among the students. Around 1050 students were benefitted by the free camp.



The Centre for Competitive Examinations was initiated in September 2018, under the administration of Mr. S. Joseph, Associate Professor, Dept. of Mathematics, Sacred Heart College. Online Applications were received till 12.12.2018, for all the classes. Total number of students enrolled for various course is 379. Classes for bank coaching commenced on 22nd November 2018. Classes are conducted every day from 2.30 p.m. to 4.30 p.m. in Don Bosco Center. Qualified Teachers from Sacred Heart College and other colleges train the students. TNPSC, TET, PGTRB and Postal Service classes will commence shortly.

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College Activities





தொல்பொருள் காட்சிப் பேழை

தமிழ்த்துறைப் பேராசிரியர் முனைவர் ஆ.பிரபு மற்றும் குழுவினர் மேற்கொண்டுவரும் கள ஆய்வுகள் தொடர்ந்து பத்திரிகைகளில் வெளிவந்தவண்ணம் உள்ளன. அதன் ஒரு பகுதியாகக் கடந்த அக்டோபர் மாதம் ஏலகிரி மலைச் சரிவில் அமைந்துள்ள குண்டூரெட்டியூர் மலையடிவாரத்தில் முனைவர் ஆ.பிரபு மற்றும் குழுவினர் மேற்கொண்ட மேற்பரப்புக் கள ஆய்வில் ஏறத்தாழ 2000 ஆண்டுகள் தொன்மைவாய்ந்த வாழ்வியல் மேட்டினையும் மனிதர்கள் வாழ்ந்த குகையினையும் கண்டறிந்தனர். அங்கு புதிய கற்காலக் கருவிகள், இரும்பு உருக்கிய உலையின் பாகங்கள், கருப்பு சிவப்பு மண்பாண்ட ஓடுகள், முதுமக்கள் தாழியின் உடைந்த பகுதிகள், ஆபரணத்தின் மணிகள், எலும்புகள் ஆகியவை கண்டெடுக்கப்பட்டன. அவற்றை நம் கல்லூரி நூலகத்தில் மாணவர்களுக்குக் காட்சிப்படுத்த கல்லூரி நிர்வாகம் ஏற்பாடு செய்தது. தமிழ்த்துறைப் பேராசிரியர் முனைவர் ஆ.பிரபு வரவேற்புரை ஆற்றினார். நம் கல்லூரியின் இல்லத்தந்தை முனைவர் சி.அந்தோணிராஜ் ச.ச.அடிகளார் அவர்கள் தொல்பொருள் காட்சிப் பேழையினைத் திறந்து வைத்துப் பாராட்டுரை வழங்கினார்.

நிகழ்வில் தமிழ்த்துறைத் தலைவர் முனைவர் பொன்.செல்வகுமார் பேராசிரியர்கள் முனைவர் கி.பார்த்திபராஜா, முனைவர் சு.சிவசந்திரகுமார், நூலகர் திரு.ம.செல்வம், அலுவலர்கள் மற்றும் திரளான மாணவர்களும் பங்கேற்றுச் சிறப்பித்தனர்.



Archaeological Antiquae Gallery





National Seminar on Adolescent Obesity: Physical Fitness and Dietary Approach To Weight Loss

The Department of Biochemistry and Microbiology, Sacred College (Autonomous), Tirupattur organised a two days National Seminar on Adolescent Obesity: Physical Fitness and Dietary Approach to Weight Loss on 13th and 14th December 2018, catalysed and financially supported by

Tamil Nadu State Council for Science and Technology, Department of Higher Education, Govt. of Tamil Nadu. Dr. Prakash Maran, Associate Professor, Department of Food Science and Nutrition, Periyar University addressed on Diet and Weight Loss. Dr. P.K. Senthil Kumar, Ph.D, Assistant Professor, Department of Exercises Physiology and Biomechanics, Tamil Nadu Physical Education and Sports University, Chennai addressed on Exercises Prescription for the Weight Loss in Obese.

Dr. M.P. Ashar Waheed, Assistant Professor, Department of Biochemistry, Islamiah College for Men (Autonomous), Vaniyambadi, addressed on Physiology of Nutrition. There was a poster presentation session organized for the students in which 60 posters were presented. The programme was coordinated by the UG and PG Heads of the Departments of Microbiology and Biochemistry, Mrs. R. Ananthalakshmi and Mrs. A.C. Gomathi was convened by Dr. S. Anbu. The workshop witnessed active participation from 230 students from 10 different colleges, and was highly appreciated by the students.



National Seminar





Heart Beat Gallery



Heart Beat 2018





Congratulations to the Staff on Successfully Completing Ph.D



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