



# SACRED HEART COLLEGE (AUTONOMOUS)

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Ready for  
Every Good Work

A Don Bosco Institution of Higher Education, Founded in 1951 \* Affiliated to Thiruvalluvar University, Vellore \* Autonomous since 1987

Accredited by NAAC (4<sup>th</sup> Cycle – under RAF) with CGPA of 3.31 / 4 at 'A+' Grade

## Counselling Center – Report 2019-2020 Sacred Heart College, Tirupattur

### Month wise details of number of students counseled

S.No	Month	Male	Female	Total
1	July	30	65	95
2	August	135	82	217
3	September	20	47	67
4	October	4	5	9
5	November	2	3	5
6	December	24	6	30
7	January	24	6	30
8	February	36	32	68
9	March	14	8	22
<b>Total</b>		<b>289</b>	<b>254</b>	<b>543</b>

### Number of Parents and Past Pupil Counseled – 17

#### In Campus Programs

SNo	Participants	Topic
1	Bcom Research Committee	Importance of Goal Setting
2	PG Department of Counselling Psychology	Art Therapy Workshop
3	PG Department of Counselling Psychology	Method to Write Case Study
4	Youth Red Cross Shift - I	Teenage Problems and Management
5	SHC Students	Suicide Prevention Day Celebration
6	Nirmala College for Women, Coimbatore	Psychology of Adolescence

## **Out Reach Programs**

<b>SNo</b>	<b>Participnts</b>	<b>Topic</b>
1	St Charles School TPT	Understanding Adolescence
2	NSS Camp Natrampalli Govt School	Adolescent Problems and Management
3	NSS Camp Mary Immaculate HSS, TPT	Adolescent- Media and safety
4	Don Bosco Collge Yalagiri (Girls)	Relationship- Healthy & Unhealthy