



SACRED HEART COLLEGE (AUTONOMOUS)

Tirupattur – 635 601, Tamil Nadu, S.India

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Ready for
Every Good Work

A Don Bosco Institution of Higher Education, Founded in 1951 * Affiliated to Thiruvalluvar University, Vellore * Autonomous since 1987

Accredited by NAAC (4th Cycle – under RAF) with CGPA of 3.31 / 4 at 'A+' Grade

Counselling Center – Report 2021-2022

Sacred Heart College, Tirupattur

Number of People Counselling

Method of Counselling	Number of People
Direct Counselling	663
Screening	351
Community Counselling	30 (Parents, P.P and School Children)
Special Counselling	40 (HIV + MR Parents)

Programs conducted

Date	Program	Department	Students	Type of Program
19/08/2021	" Welcome to Psychology"- Introduction to Psychology	Department of Psychology	1 st UG and PG Students	Talk
19/08/2021	"Importance of Mental Health and Counselling"	Department of Computer Science (Shift-I)	1 st UG Students	Talk (Online)
04/09/2021	"Mental Health and Introduction to Counselling"	Department of BCom (CA) Shift I	1 st UG Students	Webinar(Online)
08/09/2021	Suicide Prevention Day	Counselling Centre & Department of Psychology	Both Shift II UG and PG Students	Celebration & Video Presentation
28/09/2021	Gratitude Day Celebration	Counselling Centre & Department of Psychology	Both Shift II UG ,PG and Mphil Students	Celebration

07/10/2021	"Relationship and Emotions"	Department of Psychology	1 st UG Students	Talk
08/10/2021	Art Therapy Lab	Department of Psychology	1 st PG Students	Workshop
23/10/2021	Art Therapy for Mental Healing	St. Josephs Boys Home, Bargur	Adolescent Patients	Therapy
27/11/2021/ to 4 th 12/2022	Healing the Inner Child	Anugraha Dindigul	1 st PG Psychology students	Work shop

Date	Program	Department	Students	Type of Program
08/12/2022	Counselling Skills	Department of Social Work	Ist PG Students	Talk
19/3/2022 to 20/3/2022	Transpersonal Psychology National Seminar	Collaboration With Psychology Dept	PG Students and open to all	National Seminar
21/03/2022	Mental Health and Importance of Counselling	Department of BCom (CA)	Ist Iind and IIIrd UG Students	Talk
25/03/2022	Relationship Management	Department of Computer Science	Ist UG Girls Shift I	Talk
25/3/2022	Board of Studies Meeting	Department of Psychology	-	Meeting
30/03/2022	Psych Exhibition	Collaboration With Psychology Dept	School and College	2days
08/04/ 2022	Problems of Teenage and its Management	Green Valley CBSC, School, Natrampalli	7 th to 12 th students (Boys and Girls)	One day Program, Talk and Counselling
11/04/2022 – 15/04/2022	NLP	Kalady Kerala	II nd PG Psychology	Accompanied and attended

Date	Program	Department	Students	Type of Program
20/04/2022	Academic Fest Hosur	Sacred Heart Society	School Students	Exhibition (Stall)
24/04/2022	Mental Health and Adolescence	St. Joseph Boys Home, Bargur	HIV Adolescent 30	One day Workshop (Art Therapy)
25/04/2022	Counselling Sessions	Anantha Kuzhanthaigal Rehabilitation Centre	MR Parents	Counselling Sessions
27/04/2022	Addiction and Management	Sacred Heart College	Hostel Boys	Focus Group Discussion
07/05/2022 – 08/05/2022	Art Therapy Workshop	Chennai	HIV Adolescent 60	Annual Camp
02/06/2022	Understanding Adolescence	Don Bosco School CBSC School Tirupattur	10 th and 12 th Girls	Talk